



## **JULIA MOSSBRIDGE, MA, PHD**

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Dr. Mossbridge is an American cognitive neuroscientist, author and educator who researches exceptional human performance including psi effects, notably precognition. Her work related to her most recent book *have a nice disclosure!* has been covered on The Telepathy Tapes, Mayim Bialik's Breakdown, NewsNation, Julian Dorey, and Joe Rogan.

Mossbridge is a Senior Distinguished Fellow in Human Potential at the Center for the Future of AI, Mind, and Society at Florida Atlantic University, Member of the Loomis Innovation Council at the Stimson Center, co-founder and Chief Science Officer of the 501(c)(3) nonprofit Applied Love Labs, and founder of American Electrodynamics Corp. Her PhD is in Communication Sciences and Disorders (Northwestern University), her MA is in Neuroscience (UC San Francisco), and she was awarded her BA in Neuroscience with highest honors (Oberlin College).

# Embracing the Sparks of Uniqueness

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I guess I'm going to interpret this assignment differently from how I think other essayists will do it. That's because I think what's needed isn't an elevator pitch *for* God (God does fine without marketing), but an elevator pitch *to* God. It's about time that we humans do our best to try to explain why the heck we have such a hard time living in harmony with the Earth and caring for ourselves and one another. So here's my attempt to explain to God why I believe things are so incredibly difficult here on Earth.

God, I know that you know what you did here. You made extreme diversity as part of your master plan. Serious differences. Here's just one example: some people love to prance around, la-de-da, not a care in the world, while other people fret, frown and worry their lives away. How are these personality opposites supposed to tolerate one another, much less live in harmony?

But that's not the worst of it. There's rich and poor, sick and healthy, scared and courageous, criminals and the just, merciful and the merciless, all living as neighbors and even under the same roofs. You made us all, made us all at once, and all in the same place. I figure you know why you did that, but sometimes it would feel really good if you'd let us in on the plan.

Perhaps we humans think it would be best if everyone were an exact carbon copy of everyone else. But no, not really. As I look across the room to see my husband, who is so different from me, I am filled with the joy and humor of our uniqueness. When I get off the phone after talking to my parents or my son, I feel more dissimilarities – laughter and tears emerge from those beautiful cracks. Even when I interact with a neighbor who has lost her way and is not kind on that given day, there's a shine to our argument – our difference becomes a connection. And when I, likewise, am unkind to someone else on a day I can't seem to find love – again, the light shows up in a surprising way and I am reminded of You.

Ah, so now I think I get it! I see what you've done here. At least in this moment, I can see how you created us in your glittering, multifaceted image. I see why you've done it too. It's so we can hopefully show you the joyful sparks that arise in our connections and our differences. You want to watch us dance like beautiful fireflies, lighting up the vast heavenly elevator as we move up and down with the pains and joys of our lives.

Thanks for listening as I try to pitch your own creation to you. I feel a bit silly – and a lot loved. What a gift we have in us. What a gift we have in You.