



## **CHERYL SHARP**

### **AUTHOR, SPEAKER, ADVOCATE FOR RESILIENCE, REINVENTION AND PURPOSE**

Cheryl Sharp is an author, speaker, coach, entrepreneur, and community leader whose life journey has been defined by resilience, reinvention, and an unwavering belief in the power of purpose.

A lifelong entrepreneur, Cheryl built one of the most successful real estate businesses on California's Central Coast while raising two daughters as a single mother. Throughout her career, she mentored hundreds of professionals in leadership, communication, goal setting, and personal development. Her commitment to service and leadership earned her numerous honors, including the prestigious ATHENA Businesswoman of the Year Award.

Cheryl has served in leadership positions for professional, civic, and charitable organizations throughout California and has dedicated countless hours to helping others build confidence, strengthen relationships, and navigate life's transitions. She is known for her ability to connect with audiences through authenticity, humor, and practical wisdom drawn from real-life experiences.

As a bestselling author, Cheryl wrote *Back in the Game: For Women Ready to Love Again...On Their Terms*, a guide designed to help women rebuild confidence, rediscover themselves, and create meaningful connections after major life changes. Her work extends beyond dating and relationships, focusing on personal growth, resilience, communication, and the courage required to begin again.

Today, Cheryl speaks to audiences across the country on topics including confidence, connection, communication, personal reinvention, and finding purpose through life's unexpected challenges. Through her coaching, speaking engagements, and writing, she encourages others to embrace change, trust their inner strength, and remain open to new possibilities.

A woman of deep faith, Cheryl believes that every chapter of life—even the difficult ones—has meaning. Her personal experiences have strengthened her conviction that growth often emerges from adversity and that purpose can be found in places we least expect.

Cheryl resides in California with her husband Michael, where she continues to write, speak, coach, and inspire others to move forward with courage, hope, and confidence. Her guiding belief is simple: no matter where life has taken you, your best chapter may still be ahead.

# The Presence I Have Always Known

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I have never spent much time trying to prove that God exists.

For as long as I can remember, I have simply known.

Some of my earliest memories include talking to God. Not because someone told me to, but because He was simply there. Throughout my life, our conversations have continued. Sometimes they were prayers. Sometimes they were questions. Sometimes they were requests for guidance, wisdom, courage, or strength. Other times they were expressions of gratitude.

I have always felt His presence. That does not mean life has been easy. Like everyone, I have experienced joy and heartbreak, success and disappointment, certainty and confusion. There have been moments when I felt lost and moments when I wondered what purpose could possibly come from the challenges I was facing.

Yet even in those moments, I never felt abandoned. There have been times when I felt nudged to make a phone call, reach out to someone, or change direction. There have been moments when guidance arrived in ways I could not fully explain. More than once, I have heard my name spoken clearly when no one was physically there—simply, “Cheryl.” It was enough to stop me, turn around, and pay attention. Whether through a quiet voice, an unexpected thought, or an unmistakable feeling, I have often sensed that I was being guided toward something I needed to see, do, or understand.

Some may call these coincidences. I don't.

To me, they are reminders of a relationship that has existed my entire life.

What convinces me that God exists is not one miracle, one event, or one dramatic moment. It is the accumulation of thousands of moments spread across a lifetime. It is the quiet wisdom that appears when I need direction. The comfort that arrives when I feel alone. The courage that appears when I face something difficult. The hope that remains when circumstances suggest it should be gone.

I do not pretend to understand everything that has happened in my life. There are experiences I still reflect upon and questions I hope to have answered one day. Yet I believe every chapter of our lives has meaning, even when we cannot yet see it.

My faith has never been based on having all the answers. It has been based on knowing that God is present while I am searching for them.

The strongest evidence for God in my life is not what I have accomplished or what I have endured. It is the *Presence* I have always known—a Presence that has guided me, comforted me, challenged me, and remained with me through every chapter of my life.

And it is still with me today.